

- » 1 wiener
- » 3/8 inch strip (1 cm strip) cheese
- » dough for 1 biscuit

Make a thin slit in wiener; insert strip of cheese in slit. Roll or pat biscuit dough thin. Place wiener on edge of dough; roll up. Secure by pinching dough together, or use a toothpick. Bake at 375°F (190°C) for 15 minutes, or until golden brown.

YIELD: 1 serving
EXCHANGE: 1 1/4 meat, 1 bread
CALORIES: 141

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